Adverse events associated with steroid use

Well recognised and probably of serious concern

Well recognised but less common or causing less serious morbidity

Possible risks whose relation to steroid use remains poorly understood

Neuroendocrine (males):
- Suppression of testosterone production / sexual dysfunction
- Gynecomastia ('Bitch tits')
- Enlarged prostate
- Prostate cancer

Neuroendocrine (females):
- Body/facial hair growth
- Clitoral enlargement
- Vocal change

Mental health:
- Major mood disorders: mania, hypomania, depression
- Aggression and irritation
- Steroid dependence

Heart-related diseases

Liver toxicity incl. liver dysfunction and liver cancer

Kidney dysfunction

Dermatologic incl. acne, hair loss & stretch marks